

Raymond Sidney-Smith 0:03

Hello personal productivity, and community Welcome to Anything But Idle. The Productivity news podcast. Today's show is brought to you by co working space by personal productivity club. I'm racing.

Augusto Pinaud 0:15

I'm Augusto Pinaud.

Raymond Sidney-Smith 0:17

And we're your hosts for Anything But Idle. This is Episode 58. Teaching productivity to your co workers, family and friends What could possibly go wrong and recording this on May 3 2021. Each week we review and discuss the productivity and technology news headlines of the week. And to do that we have invited Dr. Frank Buck. Most people are overwhelmed by the amount of paper and digital information in their lives. Frank Buck makes organization easy so you can increase your productivity, decrease stress and enjoy life. Global gurus ranked Frank number one in the world in the time management category for 2019 2020. And 2021. three's a charm. His career path took him from band director to principal to Central Office administrator and now to productivity coach and speaker. Welcome to Anything But Idle. Frank.

Frank Buck, EdD 1:08

Glad to be here. It's always a pleasure looking for Yes,

Raymond Sidney-Smith 1:11

absolutely. And we've invited you on the show just because we like having you but also because tomorrow is National teachers day. And of course, having a background as an educator, you know what it's like. And so this week's theme, we wanted to talk about teaching productivity to co workers, family and friends. And I'm curious, let's just start off with Why would it even be important to teach productivity to your peers, family and friends?

Frank Buck, EdD 1:38

Well, first of all, it's generally not formally taught anywhere else. You know, we asked all the time, why don't they teach this in schools, and there are pockets where it happens. There are individual teachers, especially in elementary school. But by and large, it's not something that's formally taught anywhere. So if we don't do it, it's not going to get done. Unless somebody just runs up against the brick wall and goes, I got to get organized, I got to do something, so we can help them. And it's something that it's kind of the gift that keeps on giving all throughout life, you teach these skills, it makes you better in everything you do, whether it's learning the cello, basketball, cooking, the principles that you learn as far as productivity are transferable everywhere. That's why we're all in this space.

Raymond Sidney-Smith 2:34

Absolutely. A good so how about you? What do you what do you like the idea of teaching productivity to co workers family and friends?

Augusto Pinaud 2:42

Oh, let's we need to make a distinction in there you make a wide missed you know, I I'm completely fine with the friends and coworkers I hands down on the family aspect I I have quit the job for a while that's not true. That's not true. You have young children and they need to learn through modeling from their father how to be productive, right? And that's an important component of it. Right?

Raymond Sidney-Smith 3:08

So so so why is that important?

Augusto Pinaud 3:11

Well, it is important as Dr. Berg was saying and it is serious, more serious note and there are two things what make that make this really important thing number one as Dr. Bach was saying this is not teach anywhere. And even when it's not necessarily complex, one of the things that it has is an almost unlimited number of variables that affect personality styles, things you love and on love and the second thing is the people who people in general okay need this. This things that allow people to do stuff five years ago, okay? don't work anymore. Okay, things are moving too fast. And you see now all these distractions, all these things in the hands of the people and they have really in many cases no system. Today we were talking early about the family in the series not about the family and I was sharing doctor book that my kids used to do it okay they have to do is to count are they using it as I use it? No, of course not. But they have every responsibility they have to as part of living in this household. It is in their house reminder from and once a day I call them I check. Okay, if there is any outstanding do then I call them into my office and they come and they need to report and they have not accomplished them. They need to go and do them right there. And what I'm trying to teach them in part is that my kids are little Or at least one of them is little. But what I want to teach them is, well, if you don't, if you do it on your own, I don't need to call you write your data, you mark it down, that's good. If you don't, then I need to check with you. And that's what is going to happen in real life. If you are not productive, if you don't understand, somebody else will make sure that you are. So it is important. And as much as it is not difficult to do, it is unique. And sometimes it's really hard to see inside, you know, there is a popular saying saying there is easy to see; for the love of God, the Word in Spanish has escaped me. And a small theme in somebody's eye, that something really big on yours. And that is true, it is much easier to see stuff that others are doing that see your own things or your own fault or your own shortcomings. So it's because of that, things like what I do, like what do you do like Dr. Buck does, of helping others see these patterns and not only at their level, you know, one of the things I'm really really grateful of this is to be able to enjoy, you know, those conversations with the experts, or what the others called experts, you know, and, and being able to get their point of view and everything else. Yeah.

Raymond Sidney-Smith 6:29

So let's get into effective strategies. Sorry, Dr. Buck, let's get into effective strategies and techniques for being able to teach productivity in these professional and personal relationship settings. What are some of these things that we should be doing? Go for Dr. Buck?

Frank Buck, EdD 6:43

All right, first of all, model it, model it. You're talking about tickler files all the time, you don't want to learn about that. I was like eight years old, watching my dad, he was a lawyer. And that's the first thing he did was open the drawer pulls out the tickler file for the day. And I understood that it clicked, but I had to see it first. He modeled it, and then I picked up on it myself. So other people need to see you and see how I like the word acoustic. He's one of my favorite four letter word easy. When you teach productivity, things didn't become easy for other people. So people see things. Yeah, it just makes it look. So show me what you're doing. Show me how you do that. And then they're pretty receptive to it, and it works for them.

Augusto Pinaud 7:34

Yeah, that's correct. Is modeling. That's, that's the reason I mentioned at the beginning of the show my kids are testing to do to do is do I care that they pick a different application later on? No, yeah. But what I want is to model they have certain projects, that they have visibility, that I want them to see how it works, that I want them to understand they are responsible, you know, my kid is responsible that we don't run out of milk. It's an important responsibility. No, he's seven. Okay. Yeah. But he's responsible. And he takes his responsibility really seriously. So when, when that jug of milk gets to a half, you haven't been sure he is coming into milk. Okay. Yeah. And the next step is to teach them okay, now, send it to me and to do is, okay.

Raymond Sidney-Smith 8:26

Now, there's a perfect Task Manager for remembering the milk

Augusto Pinaud 8:32

through my system lifting to do stuff,

Frank Buck, EdD 8:37

you know, and I think another thing is work from concrete. to abstract, I think I would start with showing a child a paper to do list and let him let him work with that, and experience a mark through this a mark through this. Now it's kind of hard to see what's left, because like, it's all marked through and I don't get something done tonight. And I got to rewrite it on tomorrow's list. And then we can move into Well, with this with this digital list, you tap it goes away. If it doesn't get done today, it rolls over to tomorrow. Added to mom or dad's list, I don't have to go and find their list and write it on it. I can put it in my phone and it automatically goes that way. So start with the concrete and then move to the abstract.

Augusto Pinaud 9:25

And that's a really interesting point you make yes in fact, my kids are starting papers start with checklist. Yeah, these are the routines you need to do. These are the things you need to do every day or every night or and they start in paper and it's now given my my daughter much later my son much early because at the end of the day the little one wants to copy the oldest one as we did and or we called copied by depending where in that space you are but but because of that you want to do it that way but they start on paper and now they are you know into the digital and really enjoying it.

Raymond Sidney-Smith 10:03

I find it really fascinating when it comes to the various techniques that we all use in teaching productivity to peers, different than our family. And friends, I think that in the professional landscape, I am much more inclined to set up a program and to say to everybody, hey, let's all meet and do lunch and learns, and go in that more formal perspective. Whereas in the family context, if you're the head of the family, you know, heads of household can kind of establish these kinds of, you know, whatever they might be, you know, policies, disciplinary structures, where those things can happen, but they tend not to work as much as kind of putting them on the level, right, where you're saying, this is a collaborative effort. Let's do this together. And as both of you talked about modeling, as well as setting in some level of structure that they can then see the structure is working for, for them, and then going from there. So I like those items. Of course, whenever we're dealing with people, there's also the opportunity for it to be fraught with conflict. And so I'm curious, what are some of those pitfalls that you see when people are trying to espouse, you know, there's a frequent conversation in the getting things done or GTD space about how do you indoctrinate somebody in GTD? How do you get them to use GTD because you know, what's going to help them? But you know, that they're going to in some way, shape or form go, Whoa, this is very complex, many moving parts. Why would I adapt this time management and task management, this whole idea of, of, you know, consistent action management methodology in my own life? How do we overcome some of those, those pitfalls, that we would come into contact with these obstacles that we face when people are being asked to change change in sometimes fundamental ways?

Frank Buck, EdD 11:52

One, I think, is being too too strict about it that you know that you've got to do it exactly the way I do it, because everybody's different. And I think when people have some input into something, they're a little more, you know, we say to children, would you rather do a or would you rather do B, not a, or B, or C, or D, or E or F or G, but a or b, where E, and then they feel like they have some input? And either one of those things is okay. And I think that also on the

flip side, being too loose when teaching it, there does need to be some structure, some basic principles, and then have the flexibility within that.

Augusto Pinaud 12:37

Oh, I think there is a couple of things. One is what are you teaching? Are you teaching personal productivity, okay. As the name says, personal, it's about you. So that is different than when you go into that organizational productivity where you can share, establish certain guides, and everybody's sharing everybody seeing the progress, everybody's doing task based communication, instead of inside communication. Those two things make a difference. But in general lines, one of the things is starting to produce in Little by little, there is when you talk for example, and things like getting things done. Sorry, you most people can handle the book. Okay, are the seminar it's too much too many changes at the same time. This is not a one week project. I I don't remember I think David Allen, the book says it's a weekend project. I don't think so. Okay, this is a many weeks project. And one of the things is start getting, make a list of the elements that you want to incorporate in the family in the, you know, when when we started, the first thing we add was the kids, the kids were allowed to pick a color in their calendar. So they went when you open the family calendar, they see one color for what are the things everybody need to go one color for each one of them. So now they belong, they that calendar belongs to them. When you work into the company is the same thing. You need to give the people the possibility to believe that that process that thing belongs to them, otherwise, they Why? So instead of trying to say, Okay, next Monday we are going to be a GTD house. Okay, or a GTD company, or a GTD enterprise. How about next Friday, everybody has the freedom to get two hours to do a quick review. And these are the guidelines. And these are the things you know now that we are working remotely, Hey, get the company into zoom or Google me and let everybody do that we can review in the camera. We have done it successfully on personal productivity club, you know, Wednesday nights and Friday mornings. So let people and then from there continue growing what is the next thing Okay, let's work projects together. Now. Let's work How we can work into the tax into the context into the dividing those next action into small projects give small things that people can accomplish instead of saying, okay, by Monday, we are all going to be doing GTD and perfectly.

Raymond Sidney-Smith 15:18

Their progress is perfection, right? We're not worried about perfection, ever. And so the goal here is to think about this, that most conflict comes from people having ultimatums and the idea of you having a right side to anything. And I think the biggest message we can say, and just continuing on the GTD analogy, the idea of practicing GTD, I believe that the moment you understand what the what the next action is, and you start keeping a list of that next actions, you are practicing GTD, you are now a GTD practitioner, and setting people up for success as opposed to what they're not, is, I think, much more useful in terms of de escalating the conflict that sometimes arises. So really using positive behavioral interventions. And really recognizing people when they're doing the right things is always going to be more useful in kind of ameliorating the conflict that arises. So it's kind of like with dog training, and not to equate humans with dogs, but I love dogs, and I love humans also. And so they happen to also learn the same way really well. And if you take a dog, and you find them doing the right thing, and you treat them when they do that right thing, then you find them doing the right thing again, and you treat them again, they learn very, very quickly that when they do the right thing, they get treats. And that's really how humans work as well. If we continue to do positive reinforcement, and positive reward for people doing things, we tend to get more out of them. And so I think that one of the biggest ways we can just reduce conflict is actually by staying on the side of positive and positivity.

Frank Buck, EdD 16:52

Absolutely. I mean, human beings do what works. So our job is to structure the world in such a way that the right thing is the easiest thing and the right thing works. And then life just gets much easier for all of us with with kids with dogs with you know, you name it.

Raymond Sidney-Smith 17:14

Absolutely. So this has been a fun conversation to get the party started. For Anything But Idle. Let us shift into our headlines this week. And so each week, of course, as I noted earlier, we cover and discuss the productivity news headlines of the week. And so with that, let's get into our headlines and gousto. What is our first headline this week?

Augusto Pinaud 17:33

Well, the first headline is how to get notified of price drops using Google. Android reducing on Android. Right Chrome, as you know, there is a new price function into the chrome version of the 90 of date available on the Google Play Store. And with that, you can track prices on top. And then also you can activate to get alerts when certain things are the things you are tracking, you know, get in a lower price. And it is interesting as a person who stories, since professional careers selling products and selling technology and higher word. I remember how challenging was to find that information in the early days of Newegg and Amazon and Tiger drag and all those and and we're still people were trust the retail place versus the online place. And I was lucky or not, I don't know, to experience that transition from where people walk into the retail with their, with their phone or their tablet, or even using the computers and tablets available in the store to check the price online of those products before they walk in away. So it is interesting how now, we have gotten to the point that we don't even need to do the effort of search, we can just open them decide what to track and get the alerts when the things are going down on price on to the point we may be looking for.

Raymond Sidney-Smith 19:11

Yeah, so in the latest version of Chrome, Android, you will see an option under your settings to be able to turn on price notifications. And then below that you can start set price tracking. And then whenever you look at a product page, you know that comes up, it will actually ask you do you want to track price drops, and then you will get a notification in your drop down in Android notifications for those. And it's a fantastic feature. I've been using it and been really pleased with seeing it. If you don't see it in your Android, then update to the latest version from the Google Play Store. And if you don't see it after that, then just give it some time. It's just rolling out in terms of features. The features are rolling out for users, they should be everyone should have this feature now. And I think it's really great because now instead of having to go around tracking product pricing, Google is gonna do it for you and it'll just alert you when price drops. And I've seen some really substantial price drops on some Samsung phones, where a Samsung ultra will drop \$200 in the course of a day. And it'll just give you a little ping, hey, by the way, this is \$200 less at this particular site, do you want to grab it. And that's a, that's a really great, you know, cost savings, if you can, if you can pay attention to the notifications. All right, on with our next story of this guy.

Augusto Pinaud 20:23

Sorry, this news is particularly exciting for me. So Google, Chrome dekstop will now do that, Command C, command B for files and diversion 91. So he's right now being playing him in VEDA, but he's coming, and you will be able in the Gmail.

Raymond Sidney-Smith 20:43

Now I just want to I want to, I just want to clarify for everybody, Command C as in Charlie, and can Command V as in Victor. Just because, you know, Bs and BS in Spanish are a little bit differently sounding. So I just want to make sure everybody was aware of what

Augusto Pinaud 20:58

I've seen copy and V as in Victor as in paste, right? So

Raymond Sidney-Smith 21:01

Ctrl Ctrl, and or Command on the Mac. So Ctrl on Windows command on on Mac, go for

Augusto Pinaud 21:07

it. But I think it's really excited that you are going to be able to do that. Okay, call your file paste. Finally, I mean, this is being I'm, I'm particularly excited, even if I cannot do my season, my visa, I'm still excited.

Raymond Sidney-Smith 21:21

So for clarity here, folks, what you're now able to do is using Google Chrome 91, you will be able to on your desktop, copy a file, and then go over to your browser where you might have Gmail open, or you might have Outlook web open, or another email application, and then Ctrl or Command V, and that will then paste into the email and attach it as an attachment in that email. To date, you have not been able to do that in for whatever reason. And now they're using the I believe it's called the data transfer capabilities features within Chrome to be able to do that. And it's just basically allowing access to the keyboard from the operating system. This is very, very powerful. Yeah,

Frank Buck, EdD 22:01

so no more having to click the paperclip box comes up, click, just

Raymond Sidney-Smith 22:08

copy, paste, you got it. Yep, just like a normal email program. It's really bringing first, you know, first class citizenship to the web mail. And that's just very, very powerful. Now, note, I said, Chrome 91. And for those of you don't know, in full disclosure, I'm one of the Google Chrome product experts. And so I volunteer in the Google Chrome help community to be able to help folks with, you know, Google Chrome issues. And so we're at chrome 90. And so chrome 91, is where it's gonna come in general availability. So when to GA, or general release, you can turn it on right now, if you go to Chrome, colon forward slash forward slash flags, you will be able to actually turn it on under the flags. And so it is available there for you to be able to turn on. And it seems to be fairly stable. I've had it turned on for several weeks now and haven't had any issues. And so you can turn it on. By going into there and typing and searching for clipboard, filenames file names being all one word clipboard file names, it'll come up, turn the default to enabled and you'll have the capability you'll have to restart your Chrome engine so you have to restart the browser in order for it to work. All right, it goes down. What is our next story this week?

Unknown 23:25

Well,

Augusto Pinaud 23:26

apparently I you know, it is interesting. I've It's been so long since I really look into a Windows machine that thinks like, oh, now the taskbar will use widgets. And there is something exciting in the Microsoft world is like a really, I didn't know that they didn't have these. So anyways, the taskbar on Windows 10. Now we'll have widgets, among them you have will have the weather, the news, stock sports, you know, you will be able to open the task bar and see the information actually updated in life, and it's in the 21st century.

Raymond Sidney-Smith 24:04

So this is this is in the in the April 2021 cumulative update preview for Windows 10. That is version 20 h2, you'll get that patch when it becomes available to you. And so that means most of us will not see this. So you know, obviously we'll wait until the later versions rollout. And but

once you get that update, I think it's for 21 h1 or 21 h2, you will see this feature come up and in essence, what will happen now is in your taskbar, you will see a little widget which will have like weather and you know, temperature and the weather icon showing when you click on that it'll give you some news. And you'll be able to organize those items that show up in that new widget. And that's great. I mean, I think it's really wonderful. I will be activated as soon as it becomes available in my system. I don't want any of that clutter in my Taskbar but I appreciate what Windows is really doing, which is bringing a little bit more to the desktop interface, what we already experience in terms of widgets on on the smartphone. And there, there's bringing a little bit of that smartphone goodness to the desktop. And while I don't want it, I can see why many, many people will. So I appreciate it. I don't want it.

Augusto Pinaud 25:19

But I agree with you. I just thought that was something available many years ago, I didn't know what something new.

Raymond Sidney-Smith 25:24

No, no. And the other part I believe, is them really just tying into Microsoft Edge, they want to be able to pull up news articles, you'll click on it, and you'll be introduced to Microsoft Edge, in some way, shape, or form. And so they want to really push people to Microsoft Edge. And I think this is a good opportunity for them to be able to do it. You know, edge is a chromium based browser. So from my perspective, you know, this is a win for everybody to have a great solid browser platform to be running in, whether that be edge or chrome or otherwise. So we're brave. I've been playing around with brave for the past month or so and have been really enjoying the brave browser, which is also chromium based. So with all privacy, privacy focus, okay, onward to some iPad Pro news. Last week, we talked about the iPad Pro. And today there was a little bit of news, or this past week, there was little bit of news about the magic keyboard.

Augusto Pinaud 26:11

Yeah, the magic keyboard. They we talked about it. And initially there were reports that the new iPad Pro wasn't going to be compatible with the old Apple magic keyboards. And there was kind of a lot of articles coming back and forward at the end, is the prize. At the end of the week, Apple came with an official answer saying, well, it's not that it's not fully compatible, is that when you close it is not going to close perfectly, it's not going to be there is millimeters of difference between the prior version and this one and that's causing that is not going to be perfect is going to be functional is going to be workable, but it's not going to be up like that, aka looking perfect. So because of that they did that. But it costs a lot of news on the week that you know wasn't going to be your was going to be comfortable. But again, then Apple came with an official clarification say Nope, it's going to be compatible is just that the closing of the thing is not perfect.

Raymond Sidney-Smith 27:18

Yeah. And I find that to be really remarkable on Apple's part. I mean, they deserve the lambasted here they are, they're supposed to be known for products just working. And if you're gonna do something like the Apple Pencil in the Apple Pencil to where you make me buy a different Apple Pencil for a different iPad. Come on, make sure that the magic keyboard on your iPad Pro release works with the magic keyboards from the legacy version or say it doesn't work at all, redefine the magic keyboard for everybody and don't make them compatible at all. But this idea that you're making them just maybe work together just seems like an oversight on their part. And so, you know, I understand why people are frustrated, you spend a lot of money on a magic keyboard, and then all of a sudden you buy a new iPad Pro and all of a sudden the magic keyboard just quite doesn't work. Right? That that is you know, it works but it but it's not perfect. That's what you expect from Apple, you expect those design details to really be held to and it was a definitely a chink in the dike for me in terms of like, Come on, guys. Why

would you? You know, why would you drop the ball on this one? When it's something that seems very obvious to me, regarding the Apple iPad Pro matching up with the magic keyboard? Certainly the first version of it with the second one.

Augusto Pinaud 28:30

So that are simply as you said, then call it a new color the new magic keyboard and then there is no discussion is a new one. If you buy the five, you need the new one. And that's it. And yeah, I agree with you. And it was silly for them to make such a dumb mistake.

Unknown 28:50

And with dumb mistakes on to our sponsor. This week. We're gonna take a word from our sponsor this week co working space by productivity personal productivity club. When we get back from the break, we'll have more with Dr. Buck and gousto we'll be talking about some productivity articles we culled from the interwebs so we'll see after the break. Well, working in person may be normal for you. It's unlikely your co workers are as interested in being productive as you are, or working remotely or from home can be isolating and there's something powerful about being with productive people, even virtually that helps you be more engaged. If a flavor of these sounds familiar, co working space by personal productivity club is for you. co working space is a virtual work community designed to help members be more effective and efficient in their work and personal lives. At its core. We provide goal tracking and host focused action sessions throughout the week for accountability and camaraderie. Visit Anything But Idle comm forward slash co working to learn more

Unknown 29:55

CO working space lives inside personal productivity club

Unknown 29:59

digital immunity for personal productivity enthusiasts.

Unknown 30:02

So you can find people who use methods and tools you do to, again, head over to Anything But Idle comm forward slash co working to see how co working space can help you be more productive. And now back to our show.

Raymond Sidney-Smith 30:19

Welcome back everybody to Anything But Idle. I'm Ray Sidney-Smith with Augusto Pinaud and our panelists today, Dr. Frank Buck, we are covering the productivity news headlines of the week, we just covered our tech headlines. And now we are on to our productivity articles segment of the week. Augusta? What is our first article this week,

Augusto Pinaud 30:39

the first one come from Michael Hyatt podcast lead to win. And it's called the power of identifying your non negotiables. And around it, the goal of the podcast was to you know, construe foster the quality of the key components to overcome your addiction to our work to the way that your non negotiables change season to see sooner time to time. And, you know, what questions should you ask yourself to identify those non negotiable once a good podcast I and and I believe the non negotiables are really, really important. And yes, they need to be the big blocks that make everything else around. And, and I agree with some of the things said on the podcast may not maybe knows everything, but some of the things in which it is really, really important to identify which ones are those non negotiables. You know, and and we were joking before, before the show start, you know, because at the time Dr. Buck has been kind enough to be on the show multiple times. And we know that brandy his dog is waiting for that bell to ring so she can get some 300 bucks as I turn it off, and then there will start ringing and brandy was

barking really happy? Well, that's a non negotiable for brandy. Okay, but she's really clear about it. Suddenly,

Unknown 32:14

a bell rings feed me feed me?

Augusto Pinaud 32:17

Sadly, no, we tend not to have those negotiable, as clear. And it is really important to identify them to discover and to really execute them.

Frank Buck, EdD 32:31

It's kind of like, Where's the Yes, and where's the No. And if if you don't have those defined, then the best things in life get pushed off the table by the things that really don't matter.

Raymond Sidney-Smith 32:43

Yeah, they talked about some really good items regarding non negotiables. The episode was clearly focused on selling their new book. And so I got I got a lot of that sense from the episode. But the vignette that Michael Hyatt told at the beginning of the podcast are the beginning ish of the of the topic of the episode was really powerful. And I if you haven't listened to the episode, I recommend doing so for that very reason. And, you know, it's just a reality factor, which is that, you know, we have to be able to create boundaries. And those boundaries really do help us be more productive. And it's unfortunate when those around us who are there to support us in our relationships, and families don't abide by those boundaries. But it's important for us to to still have them and to hold to them, because that's what's going to make us more productive. And so I appreciated the message of the episode.

Frank Buck, EdD 33:35

Yeah, I have not listened to that particular podcast episode. Although I've listed a lot of Michael's work. And of course, at one time, he's driving a new route, worked himself to death and nearly lost his family. And I think he learned from that and is now it's a good faith effort to teach other people don't make the same mistakes I did.

Raymond Sidney-Smith 33:56

Absolutely. Now on to wanting more time for your meaningful work a liova bouta article.

Augusto Pinaud 34:04

And it was sharing the story of somebody you know, on their program, but they share some ideas on the article, you know about creating a structure that comes back to those negotiables Okay, what are those negotiable so you can create a structure around them, you know, I I don't take you know, there are certain times on the day that I don't take meetings because that's the time I spend with the kids. Sorry, that's not negotiable. A part of the enchantment enchantments for me of working from home when before pandemic was go and pick them up at school every day. Okay, and that time was blocked in my calendar, because that was the time that I wanted to get there. I wanted to pick them up. I wanted to listen about their day before we hit home and then they could go home work, play and I can go back to work. But that was a non negotiable for me. And unlike that, you know that that has been on the calendar for different things, you know, reading time create, you know, more space really replenish yourself, you know, bring some, he call it some center disruptions and frustrations. And so we need to understand what they are. And I tell the story, you know, well, my kids has been into this world of productivity, order life. And there are certain things and we've been meaning meetings, okay, formal and less formal meetings, and they will stand up next to my desk, waiting, okay. And they know, only to come if it's important. Now, here is a clarification is not important to me. It's important to them. Because if you expect that it's going to be important for you, what you're going to cause is that frustration, and it's important to them. And if what

they come is really no important at all, then it's your job to teach them what is important. And then the example I'm giving this to my kids would apply as well, to my co workers up and down. I mean, ob is a little bit more challenging when your boss, but can be trained. And I have told the story in this podcast before about the boss who love to meet at noon. And then HR, you know, he called me every day or every other day at 1145. And then when I mean, it ends, I go to lunch, come back, and I found the HR guy like a bunch of 12 to one. But I was meeting with lunch 12 to one fine after a certain number of meetings and meetings HR. And after that, I went and talked to my boss, okay, we have a problem here. Or we need to stop meeting 1145. Or you need to call the HR guy and tell him that I'm meeting with you because me getting call because I'm going for lunch late is not working for me. It doesn't work. So there is two options in here. You'll call the guy are you taking me to lunch period? So Cory, would you change the time of the meeting, what ended up happening was the next time he called me 1145, I stand up in the desk in the door of his office, they were going for lunch. And he looked me surprised. I told you there are three options, you call the HR guy, you take me to lunch, or you change the time of the meeting, those are the only three options. So don't fight, we will do it in the afternoon better. As a matter of fact, that was the time to meet. So what ends up happening is I enjoy a lot of free lunches because of that, okay. But again, is changing that disruption and that frustration to something positive. And that sometimes require to pay attention to that. And to understand what you need to do to bring that it was a really nice article, I need to admit that I like some of the stuff that Leah writes, for a lot of the stuff that Leah writes, and I'm particularly fun, and I have some admiration with his stories. And it was really meaningful for me.

Frank Buck, EdD 37:54

Yeah, I thought it was a good article. And within the same article, he's talking about the real structure of having certain things that you do on Monday and Tuesday and Wednesday, and batching those items and structure, structure structure. And if you scroll down the page, and you start to see words like bringing freedom, and joy and uplifted. So here's my question, are those opposites? Are those two sides of the same coin is one necessary in order to have the other one?

Raymond Sidney-Smith 38:27

Yeah, I really think that they are complimentary. They're complementary components kind of yin and yang, I read it in the same way, Dr. Buck in the sense that if you are trying to organize your world, you need to know what the boundaries of your days are going to look like. And when you can understand the efficiencies of your days, Allah, your routines, your routines are then capable of becoming this latticework on which you can attach more and better work. And you can actually get more done. When you understand those routines and you set them up, they can be different every day. But as long as you know what they're going to be they're going to be and that means you have the freedom if you have the discipline to follow your routine, you know, framework, then you have the freedom to be able to do the expressive creative work that you want to be able to do this kind of flow work that really is so important to whatever is the meaningful work you want to do in life. And so I really enjoyed the article from from Leo.

Frank Buck, EdD 39:22

And when you know where the boundaries are, you got you can go right up to that boundary. You know, you get the whole canvas in which to paint on. When you don't know where the boundary is. You tend to just kind of go right down the middle. You just you stifle yourself, because you never know when you're going to fall off the cliff. You don't know where the edges are.

Raymond Sidney-Smith 39:44

Now, that's like being blindfolded. Alright, so what is our next productivity article this week?

Augusto Pinaud 39:50

So now that we give you to identify your non negotiables getting this truck turned now let's find your to do list strategy that works for you and Really, in my opinion tied up with what we're discussing early you know, we and what we discussed in the beginning about helping families and friends and co workers, what works for you may not work for others, but what is important is that you find something that works for you know, we, we have done in in ProductivityCast, we have discussed about the bullet journal, okay, there is people who swear by the bullet journal that has changed their life, I have tried, okay, and I have failed miserably every time. Okay, not only that way, many, many years in life back in an old life, okay. I used to love the 11 year books, okay. And the pages and I spend more money, I'm going to admit, okay, in love and your products, and they are in credible products, super high end, I love my iPad, and my pencil and I can do all the papers, everything in there in one thing, but that's what worked for me, I, I was the guy buying books or ebooks from peanut press. That was the first company who produced ebooks way before Amazon came was a Kindle, because then I needed one less thing to carry with me. So that has been something that is ingrained in what I do what works for me, it is really important. But at the same time when I do coaching and when I work with clients, that's one of the first questions. What's your style? Are you a paper person? Or do digital? Or do you mix? What did you like? What did you enjoy? You know, are you like me? Who lived iPad only Amina iPad only since 2000. God knows a 12 a 2012. Okay, that has been my main machine regardless what you think, but that's what worked for me. So what works for you? And that applies so strongly to your to do list? Alright,

Raymond Sidney-Smith 42:06  
Dr. Buck?

Frank Buck, EdD 42:07

Yeah, you know, and the thing was so many people is their system is I don't have a system. So with this article, the big takeaway for me is you have a system, put some thought into it, you know, think it beginning to end and then implement it and stick with it. And if it starts to go off the road a little bit clean up the system. And, yep, invest time into it to really make it work. Lots of things work.

Raymond Sidney-Smith 42:36

Yeah, well, yeah. Yep. It is personal productivity. And so make it personal. And the next article is a newest article on the life changing Magic of Tidying Up your to do list and so they kind of interpreted Marie condos konmari method into setting up a to do list strategy. What did you think about that article? Gentlemen?

Augusto Pinaud 42:59  
You know, go go, Dr.

Frank Buck, EdD 43:00

Bob, please. Well, you may have half of it is, is the tidy it up to cleaning up the list. Um, you know what, like, anything else it can get? It can get to the point where that little maintenance, it gets to the point where you don't trust what's on the list. And then you don't look at it, and you're back to keeping things in your head or sticky notes around the computer monitor or, or you got to invest a little bit of time to clean things up, I think, right? You know, what was the book we did on personal productivity club before you use the analogy over and over, have a cook putting things back in place. And then the very best chefs,

Raymond Sidney-Smith 43:42

they're constantly cleaning things up. And it's worth it that takes time. It's that ultimately, it saves time, because you know, where everything is in, put your hands on what you need when you need it. And that is work cleaned by Dan charnas. And the whole concept of Nissan plus, and, and the way in which chefs use these on glass as a methodology in their own work life

and bringing that into the personal productivity space. Yeah, it's a great book, I think it's one of the really top personal productivity methodology is explained in a really cohesive way. So I love were cleaned by Dan Charnas. And it's also called I think everything in its place in one of the Amazon Kindle versions renamed it or something. I think that that just makes the title come across. To the average person who's not familiar with a book. The title comes across more exactly what it is. I still love the word clean title, but everything in its place is like I think it's the audiobook version versus the the paperback or something like that. So absolutely. I thought it was a really well done thorough article, I thought that it gave a lot of really great insight into some of the things that Khan Murray really espouses. Certainly starting off with why that's a very Dr. Covey Seven Habits of Highly Effective People kind of message for me. So it speaks to me in that sense. And I felt like it walked people through a method pretty cohesively. And so I felt I felt good about that. And I think that anyone can start from that place, and then personalize it, customize it to their needs. And so that's all good there.

Augusto Pinaud 45:14

All right. Well, it was a really fantastic article.

Raymond Sidney-Smith 45:17

Great. Let's go on to Clausewitz. And the concept of friction. So this was a an Art of Manliness, I think article talked to me about your thoughts on Clausewitz, the general and his thoughts on friction.

Augusto Pinaud 45:36

You know, it goes back to to, you know, there is a quote in that article that says everything in the world is simple. But the simple thing is difficult to difficult to accumulate an end by producing the kind of friction that is unconceivable unless one has experienced war. And when I read that, I say, Oh, you may referring to the certain to do list that I have seen in the past. Because when we explained the concept of the things that we need to do on the to do list, per se, it's really simple. The problem are those little things that are Stark, cumulating, that thing you capture that you capture poorly, you know, that thing that you write, instead of saying send email to Dr. Buck, about to do his program, you write a book to do it. Okay, now you're trying but what does

Unknown 46:33

that mean?

Augusto Pinaud 46:35

And the interesting thing is that those little things start causing friction, and that friction seems to be accumulating into that system, really, until a point that unless you have been on a system that has failed you for that, you don't know what it is. So

Raymond Sidney-Smith 46:55

there's a couple of go ahead got finished

Augusto Pinaud 46:57

part of your job with this list. And I tried to sort the articles do what makes sense to me in order wise, obviously, but it is that is look into if you can follow that. understand those negotiables understand what what one what is strategies, how to make it more, one of the things you are inevitable going to find is to what are the frictions on your system? What are the things on your system that are not allowing you to experience the prior and that are not allowing you to move forward. And the more you spend looking into them and clean them up and polishing them and getting rid of them, the better your trip will be.

Frank Buck, EdD 47:44

And you know, these days, we hear so much about do the big things do the important things. And we feel bad if we're eliminating the friction if we're handling the little things. But it's the preventive maintenance that keeps the wagon wheel from falling off. And then the little thing becomes a huge thing. I got to repair the wagon. So I think we don't need to feel bad about doing those little things, doing the little things that remove the little bit of friction that makes the whole system just work so much better together. wd 40.

Augusto Pinaud 48:22

Or duct tape duct supposed to move if it's supposed to move is wd 40 if you suppose not to move is done is that

Unknown 48:31

tape? Yeah.

Raymond Sidney-Smith 48:33

So there's a couple pieces here that I think are important to understand. Maybe a contemporary quotation will help here which is Mike Tyson is noted as saying that everybody has a plan until you get until you get punched in the face. Right. And and that's really what Clausewitz is really talking about here. And the the notion that friction is better related to kind of a science analogy. And I tend to use this in the in the science analogy, which is not enough friction for tires to be able to actually move us forward. Right? If tires don't have frictions, they would just spin in place. So we need enough friction to be able to move things forward. But too much friction and inertia sets into place. And we won't be able to move the tires at all. And so we are we're basically finding that right space, that right amount of friction in order to be able to move things forward. People complicate things, that's a clear one. And that doesn't mean that the friction can't be bad, it can actually really be vital, and bring vitality to any given project. And I found the article to be just really one of those things where, you know, there's a bit of stoicism in there. There's a bit of, you know, just thinking through how do we make ourselves fully invest in the work that we're doing. And understanding that friction is a part of that work that we're doing and it can actually be fruitful. I really like the four components that he talks about in the article here have these elements of of being able to move forward with these things. And I'm looking I'm scrolling up here to find the four elements because I thought they were Really interesting one was staunchness Let me find it here. I don't know why I've lost my, my place in the document here. Does anybody else oh here is it he gives a staunchness which is the ability to not get rattled by a single setback or failure. And what i what i what i consider a stumble right how to stumble well, because stumbling is not hitting the ground stumbling is just, you know, faltering and then writing yourself endurance, strength of mind and, you know, mental emotional fortitude. And the whole notion here is that we're capable of utilizing these attributes. So energy, which is emotional energy, staunchness, endurance and strength of mind are the four that he uses as these components for being able to have a strength of will to be able to move forward with with any given project. I like those components there. And you know, it's a heavy topic, but I think that Clausewitz really represents an old worldview romantic view of dealing with an overcoming challenge, in this case, what he's calling friction. All right. So those are headlines this week. And that takes us on to our tools of the week. Before we get to our story of the week. Let's get into our tool, new tools of the week. And so Augusta and I come across many personal productivity tools and services each week. And in new tools of the week, we each bring you a tool we think you might like and of course, we invite our panelists today, Dr. Buck to also share one of those. And so today, we're gonna be talking about a couple of different items. First and foremost is a tool called Duolingo. And Duolingo is an application that you can use in order to learn languages. And I've been using Duolingo for years and years and years and just really enjoy it for a number of reasons. One, it has a whole bunch of really great languages, including cling on. So so if you want to learn cling on, it is in there, I kid you not. And the idea here is that so are Trekkies in the house will understand. And so the idea here is that you are gamifying your language learning approach.

And each day, you just do a little bit to be able to practice it, including recording your voice against pre recorded sound profiles of native speakers saying words and phrases. And so you're capable of going through and doing all of this really sophisticated learning, while in this gamified approach where you're leveling up and you're making your way from one lesson to the next and getting rewards. You can even join little groups where you are doing this in competition with friends in a leaderboard. And it's just a fun application that gives you immediate, clear feedback in terms of what's right and what's wrong. And it gives you the ability to practice daily on languages it's free, you can level up and you know pay for certain parts to be gotten rid of like ads and so on and so forth. But you don't need to pay if you don't want to. And you know language is really the way in which you connect with other people in the world. I can't find another better way to spend time liberally that is in a free sense then to do language learning and so Duolingo is there for you. And I think it's a great tool. Okay, so what's your tool this week?

Augusto Pinaud 53:23

Well since you cannot learn to speak it will keys with Duolingo I will not use it for now that's not true. But the first tool the first the tool that week for me is MSM kids plus it used to be called Kindle have free time unlimited. And I you know my kids I bought a Kindle for my kids not the tablet, the reader and it is the only device they're allowed to get to bed and there are two deals with that. I they have the Kindle okay that is as you can see on the screen 299 a month for for kids. When you get two kids, I think it's four bucks. Okay. And they have a really incredible big library. The other thing I do since we have been talking about education and all that reading is important in for me and it's important for my kids so we have a rule if the book is not available in Amazon kids plus I'm happy to buy it. And the condition for me to buy it is you need to finish the last book and that has allowed me to buy them a lot of books but also for them to read, you know for the age that they have. Significantly You know, my both my kids finish a lot of books every every month. So it's I'm happy to spend that money and I think if you have gifts, and since we are in education month, this is an incredible, incredible gift. Buy them a Kindle book This thing in there and let them read on pull. They're tired.

Raymond Sidney-Smith 55:04

antastic All right, Dr. Buck, what is your new tool

Frank Buck, EdD 55:08

this week? My new tool this week is Google Photos. Now your Google Photos is not exactly new. But what is new is what's about to happen on June, the first and so may needs to be get in on Google Photos month. Here's the thing up until now, Google Photos has been free. And anything you upload, it didn't count against your Google Storage limit of 15 gigabytes. starting June 1, that changes, it's still free. But what you upload does count against those 15 gigabytes. So a lot of people are going, Oh, well, where am I going to take my photos now that I can upload everything for free that they're looking at it all wrong? Here's the way we need to look at it. Google has announced that you're grandfathered, anything that you already have in Google Photos will not count against the 15 gigabytes. And anything you upload before June 1 won't either. So here's what we all need to do. Take every photo we've got and upload it to Google Photos, The only caveat, the quality, you want to choose not original quality, but high quality. Now, and there's another little caveat, if somehow you've messed up along the way, and you've uploaded things to original quality, there is a way to figure that out. I did a blog post a while ago, if you just if you go to my website, Frank Buck dot o RG and just search for Google Photos. That'll bring it to that post that tells you what I've just told you. And it also shows you where to go to see if you've got some things counted against your 15 gigabytes from Google Photos already. And if so, how to get those photos compressed for you. So that that's at zero, so maybe needs to be get everything in Google Photos month for us all.

Raymond Sidney-Smith 57:11

Absolutely. Google Photos is such a fantastic application. And so it gives you so many great features. And so yes, get your Google Photos organized before the deadline. And then going forward, you can easily keep and manage your photos from their wonderful, great selection all around, gentlemen. And so onward to our story of the week. Continuing on with some Amazon, goodness, let's talk about our story of the week of gusto.

Augusto Pinaud 57:39

So Amazon has this Fire HD tablet. And I think timely to you know, getting out of school coming to the next year now that we have experienced all that, you know, they came with what they call the productivity bundle. So basically, you're going to get a Fire HD 10 tablet of 32 gigabytes. And you're going to get a Bluetooth keyboard and 12 and 12 months of Microsoft 365 personal subscription, this subscription will auto renew. So if you don't want it to renew, you need to go to the settings and the activate the out renew. But what is interesting to me is you have been able to use these fires at the end of the day, these fires Ron chromo has, okay, or a version of Chrome OS, chromium. And what is interesting is now they're finally getting to turn it into a Chromebook into affordable you know, it's 220 bucks. It's comparative to Villanova duet, price wise, I, I think the linal in our word, it's a fantastic option. It's what I'm using to record this show right now. But it gives if you live into the Amazon ecosystem, it's great. On top of that, I'm going to say as apparent, if there is no better pairing protections that what Amazon establish is better than Apple better than Chrome, or Google per se. And it is fantastic. You can do things like saying my kid can watch the TV only when he reads two hours. Okay, and they will track all that for you. So if you're looking for a device for your kit to go this the next of the year, the next year, that is basically where they're going to need some of that office 365. Hey, this is an incredible option.

Raymond Sidney-Smith 59:43

Yeah, so just a quick correction is fire. Oh, so it is not a variant of Chrome OS but a variant of Android OS. And so it's running an Android operating system that that Amazon has branded as fire OS. So but yeah, it's a fantastic bundle for kids. At 219 USD, it's going to be available may 26. And clearly this is aimed at summer and fall back to school kind of thought here, which is to get kids a device that you can do this. Now a couple of points here, if you buy one of the Amazon Kindle, kids tablets, it actually comes with that free time unlimited for a year, you get a free year worth of that kids plus, so be mindful of that you've kind of have to balance out the pieces here that if you have a younger child, and you want to be able to have something that's going to be a little bit more durable, that kids tablet bundle has the bumper, it has basically a case that you can chuck across the room with a Kindle tablet in it. And it has a screen protector as well plus a warranty, meaning that you can crack it over your knee, and then call Amazon and say, oops, don't do that. That's that. But But I mean, if it legitimately breaks with your kids, you can go ahead and talk to Amazon and they will replace it through their warranty program. So that it's a I think it's a one or two year warranty, you can look it up in the in the Amazon Kindle section, and in the fire tablet section and see so like balance out the pricing here because those Amazon Kindle Fire tablets are really inexpensive. They're not coming with the Microsoft 365 personal subscription. But most of your kids are going to actually be in the Google workspace for education space. So having a Microsoft 365 subscription will not necessarily be that useful to them. So you have to kind of balance out some of those pieces. And Dr. Buck in your in your experience. Are you seeing more kids on on Chromebooks today with

Frank Buck, EdD 1:01:45

Google? Absolutely, Chromebooks?

Raymond Sidney-Smith 1:01:48

Yes, yeah. So so I think an Android tablet with Google, you know, pieces in them being that Firebase has already an Android tablet where you can install all of the Android applications you

need is going to be powerful, but maybe the 365 personal subscription is not really worth it. So you got to kind of balance out those pieces here. But I think it's a really interesting play that Microsoft is making here, to be able to get into the education space, I would presume that they were really trying to make a true step in here, they would have somehow worked with the school systems to be able to tie these pieces in, but they didn't. So I'm just a little curious what they're trying to get at here. It also doesn't come with a screen protector, who would have been really nice if they had a screen protector here. And I would also note that this is a 32 gigabyte one, you can go up to 64 gigabytes. And that is still ad supported. If you don't want ads, and you click on that, notice the price, jump up to 274 99. Zero to 75 USD, if you want it to have a the highest memory and without ads, okay, so just be mindful of the pricing structure here. Amazon is obviously this is still I mean really great price for a student device. But you know, you're getting up there in terms of price. And at this price point, you know, those Lenovo duet that you can purchase that's going to have a full desktop operating system with Android available to it. And it's going to be a pretty nice device quality wise for the child. So I'm just like, why is the Microsoft 365 subscription really worthwhile? Here is my is my thought.

Augusto Pinaud 1:03:25

Well, the exciting part I think is seen the first fire with the productivity bundle, as they call it. And I hope that this is not the last one.

Raymond Sidney-Smith 1:03:35

No, I think it's I think it's really great. And, and in terms of, you know, having options out in the marketplace, I think it's good that Microsoft is playing nice with others. You know, they have stepped into that game with Samsung, as we talked about at the Samsung Galaxy unpacked event last week, and they have been playing nice with with a lot of different organizations. And clearly, you know, they running Android. So you know, they have to be in some way shape or form in partnership with Google as an OEM. And so it's this is nice to see Microsoft continuing to step out there. Microsoft is up their game in terms of their Android apps, you know, like using Word or off early Microsoft Office on Android. Seems kind of like an act kind of anachronism to say that, you know, you would ever do that. But the reality is, is now you can do it, you can do pretty pretty well, Outlook works. I think outlook is one of the best email tools on the Android form. Like, Oh, my God, I can't I can't believe I'm saying that, right. But outlook is just really, really working well on the Android platform. And that's thanks to Microsoft, recognizing that working on both iOS and Android is imperative for the success of Microsoft in the long term. And they're seeing Amazon as as an additional extension there as well. So, alright, gentlemen, we have reached the end of the show, Dr. Buck if folks Want to keep up to date with you and the great work you're doing in the

Augusto Pinaud 1:05:03

world? Before you do to say goodbye to Dr. Buck? Oh, yeah, yeah,

Raymond Sidney-Smith 1:05:09

go for it. Yeah, I'm sorry. Go for it. We got some awesome announcements.

Augusto Pinaud 1:05:12

The first announcement is tomorrow, Dr. Frank Buck and myself are doing a free conference in an hour conversation similarities and differences between remember the milk and to do list on the personal productivity club. If you're watching live, if tomorrow if you're listening is today. But if not, the replay will be available on personal productivity club. Also, if you are interested on the Microsoft build 2021, that's their developer conference, you can start getting there is going to be verticals, then in May 25, two through May 27. Also, as we mentioned, we record the Samsung unpacked last week, and we recorded a special event for that it was published on Friday. And finally, last week, iPad, and iOS and Mac released update. And they today have

released a second update for security issues. So it's 14 point 5.1 or 11. Point 3.1. So if you're listening to this, go and check to update.

Raymond Sidney-Smith 1:06:19

Fantastic, fantastic. Yeah, I'm looking forward to watching the event tomorrow or today, depending upon whether you're watching or listening. And so with that officially now, Dr. Buck, where can folks keep up to date with you?

Frank Buck, EdD 1:06:32

Frank book dot o RG. That's where it all happens. Come on over, get on my email list. I got a couple of good free gifts for you right off the bat. You also see Twitter and Instagram at Dr. Frank book on either of those two platforms. So come on, let's get connected.

Raymond Sidney-Smith 1:06:50

Yep. And that is Dr. Frank Buck for those who are listening. And so thank you, as always for joining us here on Anything But Idle Frank.

Unknown 1:06:57

It was a pleasure. Take care.

Raymond Sidney-Smith 1:07:01

Augusto. Thanks so much for joining me as always. Yes. All right, everybody. And with that we've covered the productivity news of the week. We'll be back here next week for Anything But Idle. If we missed a story, we are likely tracking those in the extra stories in the show notes. So check those out. But if we really did miss a story, feel free to contact us at Anything But Idle comm you can go to the contact page and let us know you can also comment on the episode The Show Episode page. And let us know in the comments and let all the other folks reading know as well. You can tweet or dm us at Anything But Idle at Anything But Idle on Twitter. And if you have a question or a comment about anything else we discussed on the show, you can leave a comment on the episode page at Anything But Idle comm This is going to be forward slash 058 that's the episode number so Anything But Idle comm forward slash 058 will take you to the episode page once it's published, and you'll be able to comment there while you're on Anything But Idle. there on the episode page, you will find our show notes that will have links to all the stories we covered the new tools of the week. Some extra stories, the stories we can't cover in our timeframe during the show. And it also includes a text transcript both for both for download and for reading. If you click the Read More link on every episode page, it will expand and you can actually read along while you listen. It's a machine generated transcripts it's not gonna be perfect, but it gets you through the episode and you can kind of track along if this is your first time watching the live stream Feel free to click the subscribe button and the notification bell icon so you get notified when we have new episodes. If you are listening to us for the first time in your podcast app of choice Make sure to follow and or subscribe subscribe is better than follow that just downloads the episodes automatically for you as follow just gives you a notification in the apple podcasts world. But either way, feel free to follow us there you can find instructions on Anything But Idle comm just click on the follow or subscribe tab. And we'll give you instructions for being able to do that. And of course, you can leave a rating a review you can thumbs up our video on YouTube if you're watching there. And that helps us know that we're doing good work but also it tells the the algorithms The Social Network gods that we're doing the right things and brings new small business sorry, personal productivity friends into the fold and talk about small business all day. So I get I get conflated there. But anyway, thank you for doing that. And with that, see you all next time on Anything But Idle Here's your productive life.